

(205) 433-4022

SUPERIOR SERVICE ELECTRIC

"Call Us Today and We are On the Way!"

The First Day Of Fall Is Just Around The Corner



We know it doesn't feel like it, but the first day of Autumn 2021 is coming up soon! September 22nd officially kicks off the fall - and you need to make sure you're ready for it.

No, we don't say that because fall brings regular season football and pumpkin spice lattes. We say that because it's time to think about your fall home maintenance!

If you'll be spending more time indoors for the fall and winter, you'll need to make sure your property is ready for your increased interior space utilization. Electrical safety inspections and minor additions like new outlets or ceiling fans now can make for a more enjoyable time inside.

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September is National Self-Improvement Month

That doesn't mean you have to go pick up another self-help book or start a new hobby. In these stressful modern times, it is essential to remember to take time and take care of yourself. Even though you may feel like you have many people depending on you, you can't be your best self on accident!

Self-improvement can be achieved in many ways and can have unique meaning to each individual. Figure out what you need to do to feel like your best self. We've got some ideas that can help get you started!

- **Steal A Few Moments For You**
 - If you find yourself constantly running and playing a balancing act between work, family, and home, try a simple timeout for yourself. Carve out just 5 minutes in your day that is exclusively for you. Quietly enjoy an extra cup of coffee or try out a "meditation" app on your phone for a few minutes where you are focused only on yourself.
- **Give A Few Moments Away**
 - Many people feel like they are contributing more to the world when they volunteer or support a non-profit. Some can provide funds, and others can give of their time to offer volunteer hours to their favorite cause or charity.
- **Get Physical**
 - While the post-holiday time is typically when people try to pick up new health habits, what better time is there than the present! Introduce some new routines into your day - even if it is just switching out one snack for a healthy alternative.



Turn "Self Improvement" Into "Home Improvement"

Just like how you need to care for yourself, you also need to care for your property to be its best.

Electrical safety is vitally important. If other systems like your plumbing and HVAC fail, it can be very inconvenient to deal with. When electrical systems have major problems, it can lead to more dire consequences. An electrical safety inspection is the first step to ensuring you, your family, and your property remain well-cared for.

Superior Service Electric is here for all of your electrical system needs. Contact us [online](#) or call us at (205) 433-4022.

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