

(205) 433-4022

SUPERIOR SERVICE ELECTRIC

"Call Us Today and We are On the Way!"



If your New Year always starts with you reeling off the same old dutiful commitments to join a gym, start a diet and give up all those bad habits, why not try something different this year to boost your happiness and revitalize your life? Here are our top suggestions for alternative resolutions.

Get your photo taken in five interesting places

If you've got the travel bug and want to see a bit more of the world, why not make it a New Year's resolution to visit five interesting places you've always wanted to see? Even better, make a visual record of the year by making sure you get a photo of yourself taken in each place.

Learn a decent party trick

Mastering a new skill – no matter how pointless – can increase your self-esteem, as well as earning you some serious social kudos when you show it off. For a physical challenge, work on flexibility for a spot of contortion, or give yourself a mental challenge and learn how to recite the alphabet backward in less than 10 seconds.

Break a record

You could aim at breaking a personal fitness record, or if you want to aim a little higher, set your sights on a World Record. With lots of diverse (and bizarre) records there for the taking, this may not be as difficult as you think.

Make a new friend a month

Fact: friends are great for your health, and the more you have of them, the better. To expand your social circle, try to make one new friend a month by making a conscious effort to attend more social events, chat with strangers, or get introductions to friends of friends.

Spend more time outdoors

Humans were not made to be cooped up inside all day. Spending time outdoors makes you happier, it boosts your immune system, and it even makes you more creative. Resolve that this year you will spend more time in nature (and just opening the windows more often does not count).



Don't Plug Space Heaters into Extension Cords or Power Strips

Power strips and extension cords were not designed to handle the high current that space heaters need. Also, make sure there is nothing flammable near a space heater, including drapes, pillows, or blankets.

Don't Overload Outlets

That means, only plugging in one high current item into one plug. Plugging in something like a space heater and a heated blanket could cause the plug to overheat or your breaker to trip.

Beware of Your Electric Blanket

You should never fall asleep while using an electric blanket. Also, inspect the cord and make sure it is in good shape and don't cover your electric blanket with another blanket.

Make Sure Your Carbon Monoxide Detector is Working

Test your carbon monoxide detector every month through the winter to make sure it is working properly.

Superior Service Electric is here for all of your electrical system needs. Contact us [online](#) or call us at (205) 433-4022.

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